

JOYA GOGOI COLLEGE, KHUMTAI P.O.: KHUMTAI, DIST.: GOLAGHAT, PIN: 785619 (ASSAM) Mobile No.: 9854719773, Email:

Organised by	NSS Unit Joya Gogoi College
Programme Name	Celebration of International Yoga Day
Programme date & time	21/06/2022
Venue	College Auditorium
No of participant	208
Resource person	Mrs. Anjumoni Saikia Bora
A brief report	NSS unit of Joya Gogoi College has organized
	international yoga day on 21/6/2019 at college campus.
	The programme was started with an informative talk by
	the resource person Mrs. Anjumoni Saikia Bora
	highlighting the importance of Yoga in Physical and
	Mental Health. She also trained up 208 NSS volunteers
	along with teaching and non-teaching staff with Yoga
	Postures. The duration of the programme was three
	hours.

Photographic evidence:



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