

JOYA GOGOI COLLEGE, KHUMTAI P.O.: KHUMTAI, DIST.: GOLAGHAT, PIN: 785619 (ASSAM) Mob. No. 9854719773 Email: principal.jgc@gmail.com

Organised by	NSS Unit Joya Gogoi College
Programme Name	Workshop on impact of covid-19 pandemic on student
	community and their remedies
Programme date	25/11/2021
Venue	College campus
Resource person	Dr. Deepjyoti Bora, Assistant Professor, Jorhat Medical College, Department of Psychiatrist.
No of participant	52
A brief report	NSS Unit of Joya Gogoi College organized a workshop on the topic "Impacts of COVID-19 Pandemic on Student Community and their Remedies" on 25/11/2021 to make a consciousness among the students of our college. The workshop was inaugurated by Dr. Amiya Kr. Das, Principal of the College with informative lecture. Dr Deepjyoti Bora, the resource person of the workshop shared his knowledge about the pandemic of COVID-19, how to relief from mental health disorders including stress, anxiety, fear, sadness, and loneliness during this pandemic etc. The programme was concluded with vote of thanks by Dr. Paresh Ch. Kalita, Programme officer, NSS Unit Joya Gogoi College.
Photographic evidence:	