



JOYA GOGOI COLLEGE, KHUMTAI
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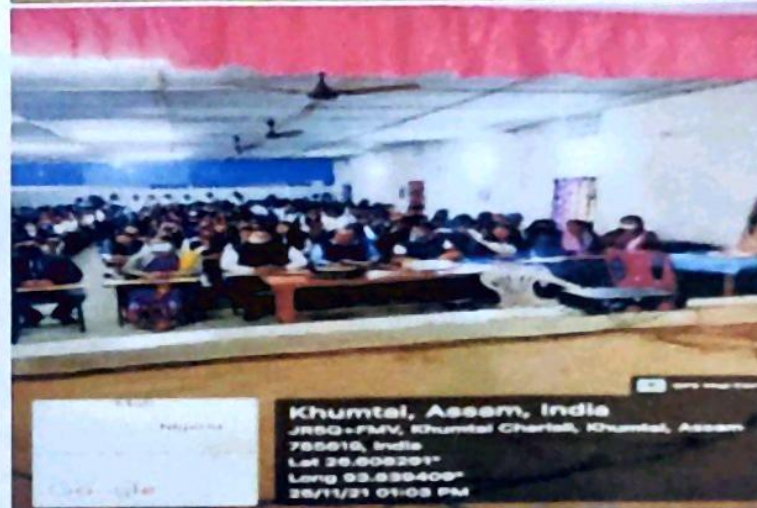
Report of Workshop on Impact of Covid-19 Pandemic on Student Community and their Remedies


Organised by	NSS Units IQAC and Mental Stress Management Cell, Joya Gogoi College, Khumtai
Programme Name	Impact of Covid-19 Pandemic on Student Community and its Remedies
Programme date & time	25-11-21, 12.00 am onwards
Venue	College Auditorium
No of participant	78
Resource Person	Dr. Deepjyoti Borah, Jorhat Medical College.
A brief report	<p>On 25th Novembert, 2021, NSS Unit, IQAC and Mental Stress Management Cell, Joya Gogoi College, Khumtai jointly organiged a workshop on "Impact of COVID-19 Pandemic on Student Community and its Remedies". This programme was inaugurated by the respected Principal Dr. Amiya Kr. Das. The Main aim of the programme was to create awareness about the COVID-19 Pandemic and how to prevent oneself and the community from being affected. Another aim of the programme was to develop the ability to respond to stressful situations created by the pandemic in a positive, constructive way. The resource person for the programme was Dr. Deepjyoti Borah of Jorhat Medical College, discussed the causes of COVID-19 Pandemic and its impact on our physical and mental health. Dr. Borah, also suggested remedies for these problems. 78 students actively participated in the programme.</p>


Principal & Secretary
Joya Gogoi College
Khumtai




Photographic evidence:




Principal & Secretary
Joya Gogoi College
Khumtal



Attendance Sheets


Principal & Secretary
Joya Gogoi College
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